

Mango Berry Crunch

Our Organic Spanish Bee Pollen is rich in many vitamins and minerals that are important for your health and wellbeing.

- 1 mango, peeled and stoned, cut into chunks
- ½ banana, peeled and sliced
- 1 cup frozen blueberries or other soft fruit
- 3 tsp Greens Organic Bee Pollen

Add 1 tsp Bee Pollen to the mango and puree.
Add 1 tsp Bee Pollen to frozen berries, puree.
Layer pureed fruit then garnish with chunks of mango. To finish sprinkle with 1 tsp Bee Pollen for a crunchy topping.



Relax and enjoy!